The Covid-19 pandemic hits hardest on people with the poorest resources.

Strain on health services: care debt, strained personnel and strained economy. This may lead to increased health inequalities.

28 day mortality after MI 1995-2019 in relation to education (light line lowest level) for women (pink, solid) and men (green, broken) aged 35–79 (age-standardised data).
This crisis also gives opportunities.

An increased awareness on the need of person centred care, health promotion and prevention, of building resilience for people and for organisations.

New, innovative working models collaboration and mutual trust have developed.

Pride and interest to work in health services is rising. Compassion and helpfulness among the public has increased.

A reorientation of health services towards the holistic vision of Health Promoting Hospitals and Health services (HPH) can help

- reduce inequalities in health
- develop resilient health services