The Norwegian Primary Health and Care services

State Secretary Lisbeth Normann
May 2016
White paper presented in May 2015, because:

- The municipalities quality of, capacity in and capability to deliver services vary to much
- The interaction between all the subservices was not functioning well
- The health professions competence did not meet the patients needs
- The leadership, roles and responsibility needed to be strengthened and clarified
- The municipalities needs to take a more active part in treating and caring for patients with complex conditions and needs

And we wanted to create

"The patients health and care services" by letting the patients be the focal point of development and change
The biggest challenges, seen from the patients perspective

- Quality of services is not good enough
- The services are perceived as fragmented and organized in separate, isolated segments, and the coordination between them are not functioning as is should
- The patients and their relatives don`t feel evolved
- General practitioner (GPs) are poorly integrated in the municipal health and care services

Their solutions:
Cooperation must bee a requirement
More focus on prevention (and coping), less on cure
An interdisciplinary approach is needed
We will grow towards 2030
we are not facing the same challenges in all parts of the country...
The challenges are not only demographic, the needs differ

- 75%: 1-2 diseases, few sporadic needs
- 20%: Several diseases and need of regular monitoring
- 5%: Multiple health problems and complex needs
We can not solve the challenges only by recruitment

- 2015: 110,000 employees in specialized care
- 2030: +30,000
- 2040: +40,000
- 2015: 140,000 employees in the municipalities (health and care services)
- 2030: +70,000 more
- 2050: Double
Summarize, efforts and solutions

1. Team based health and care services
2. "Wider" competencies and better clinical skills
3. Strengthen leadership
4. Data for administration and service development
5. Develop and implement technological solutions

Care competence plan, Dementia plan, Leadership education programs, Research strategy, Actions for specific groups, State Budget priorities, Economic support to "innovative municipalities", Development of "Excellent standard" system for nursing homes, Focus on prevention for elderly ("Home visits") and in general...
«to create the patients health and care services, means we have to think, act and organize the services differently»